

Assault Prevention Seminar was a Great Success!!



FACT'S Assault Prevention Seminar was a great success. For a few hours we were able to let go of our nurturing, mother hen ways, and totally let loose. Not only did we learn how to use the things around us as weapons to protect ourselves, we were also able to get out some of the frustration we have been suppressing since our own tragedies. This of course was felt mostly by our gracious Instructor Norm Bettencourt's shins. Many of the ladies noted that they really felt confident with what they had learned, and hoped to do this again in the future. Norm has

been kind enough to let FACT members know that he would be more than happy to facilitate more classes in the future at a group rate, or will offer private lessons.



Please feel free to contact Norm Bettencourt at www.tactselfdefence.com

Just Yell Fire!!!!

Just Yell Fire is a new movie that shows how to protect oneself when abducted or attacked. The 45 minute film can be downloaded from the Internet at: www.justyellfire. DVD's may be copied or ordered free of charge to any teen girl.

The Abbotsford, B.C, Furious Grandmas joined the authors to help them in their gallant efforts to pass along their knowledge how to be alert and protect oneself from date rape and predator attacks.

The idea sprung to life when two students at Portland St Mary's Academy high school, Dallas Jessup and Catherine Wehage, saw an actual abduction of a teen girl caught on a surveillance video camera. Shortly after the girl was found dead.

The girls set out to find a solution and came up with 10 strategies in their Just Yell Fire script as a high school project. The ball starts rolling from there. The pair found solid financial backing. Their novel video idea became a film in progress when the girls attracted award winning director Takafumi Uehara, camera man Ed Henry, 30 cast/crew and a 100 extras, all seeing the importance of the project.

The Abbotsford Furious Grandmas group will pass along this professionally produced info by sending letters to 300 hundred major news outlets throughout Canada.

It is our fervent hope that school educators, Youth groups and Canadians everywhere will take the time to download the movie and copy DVD's in effort to help prevent precious lives from devastating, life shattering, or even death attempts by rape or abduction attempts. by vile predators.

A general consensus of the grandmas is that, since the Canadian Justice System does very little to protect us from repeat offenders, teenagers and woman had better learn to protect their own.

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